

Do you know your Carers?

You know your
PATIENTS



but it is not always easy to recognise a carer.
The **CARER** could be a neighbour or a friend,
a husband, wife or partner or a child.

YOU MAY ONLY NOTICE THEM WHEN...

The illness of the person
they care for is diagnosed



The person they care for
has died or needs
care away from home.



The carers themselves
have become ill.



They have reached the
end of their tether.

HOW YOU AND YOUR TEAM CAN HELP...

REMEMBER:
The GP and the
practice team
may be the only
professionals
with whom they
have contact.



KNOW



LISTEN



RECORD

For further information and advice about
welfare benefits, respite care, help at home,
or support groups get in touch with:

Cicely Northcote Trust
Camelford House
87-89 Albert Embankment
London SE1 7TP

Tel: 020 7582 9996 (voice mail)
Website: www.cicelynorthcotetrust.org.uk